



SEPTEMBER 2026

FAMILY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 – 9:25 AM S'WET JILL		8:30 – 9:25 AM CARDIO SPLASH JOY		8:30–9:25 AM <i>*NEW!</i> CARDIO SPLASH CIRCUIT ANTIONETTE		
	9:30 – 10:25 AM S'WET DARE		9:30 – 10:25 AM POWER WAVES JOY		8:00 – 8:55 AM AQUA BOOTCAMP MARY	
10:00 – 10:55 AM AQUA FIT LINDA		10:00 – 10:55 AM AQUA FIT LINDA		10:00 – 10:55 AM AQUA FIT LINDA	10:00 – 10:55 AM AQUA FIT LINDA	11:45–12:30 PM PILATES H2O FLOW DARE
			11:00–11:55 AM AQUA BALANCE & STRENGTH JOY	5:00–5:55 PM <i>*NEW!</i> S'WET DARE		
				ANNOUNCEMENTS REGISTER FOR CLASSES ON THE TCC APP Contact Group Exercise Director Antionette Mara – amara@claremontclub.com for all questions		
6:00 – 6:55 PM CARDIO SPLASH JOY <i>*NEW TIME!</i>			6:00 – 6:55 PM POWER WAVES JOY <i>*NEW TIME!</i>			

**NO RECREATIONAL SWIMMING DURING
SCHEDULED GROUP FITNESS CLASSES**