



# MAY 2026

## FAMILY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 - 9:25 AM <b>S'WET</b> JILL		8:30 - 9:25 AM <b>CARDIO SPLASH</b> ANTIONETTE				
	9:30 - 10:25 AM <b>S'WET</b> DARE		9:30 - 10:25 AM <b>POWER WAVES</b> JOY		8:00 - 8:55 AM <b>AQUA BOOTCAMP</b> MARY	
10:00 - 10:55 AM <b>AQUA FIT</b> LINDA		10:00 - 10:55 AM <b>AQUA FIT</b> LINDA		10:00 - 10:55 AM <b>AQUA FIT</b> LINDA	10:00 - 10:55 AM <b>AQUA FIT</b> LINDA	
			11:00 - 11:55 AM <b>S'WET SILVER</b> JOY			
				<b>ANNOUNCEMENTS</b>		
			6:00 - 6:55 PM <b>POWER WAVES</b> JOY	<p><b>REGISTER FOR CLASSES ON THE TCC APP</b></p> <p>Contact Group Exercise Director Antionette Mara - <b>amara@claremontclub.com</b> for all questions</p>		

**NO RECREATIONAL SWIMMING DURING  
SCHEDULED GROUP FITNESS CLASSES**