



JUNE 16–30 2025

FAMILY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				8:45– 9:40 AM S'WET JILL	7:00–7:45 AM BREATHE IN THE MORNING MARY	
8:30– 9:25 AM S'WET JILL		8:30–9:15 AM CARDIO SPLASH 45 JOY			8:00–8:55 AM AQUA BOOTCAMP MARY	12:30–2PM <u>6/22 ONLY</u> PILATES H2O BASICS WORKSHOP DARE
	9:30– 10:25 AM S'WET DARE		9:30–10:25 AM POWER WAVES JOY	10:00 – 10:55 AM AQUA FIT LINDA	10:00 – 10:55 AM AQUA FIT LINDA	
10:00 –10:55 AM AQUA FIT LINDA		10:00 –10:55 AM AQUA FIT LINDA		5:30– 6:25 PM S'WET DARE		
	11:00– 11:55 AM S'WET SILVER JOY		11:00– 11:55 AM S'WET SILVER JOY	ANNOUNCEMENTS POWER PILATES H2O – Pilates exercises adapted for the pool. For info, contact Dare at dkelley@claremontclub.com.		
6:00 –6:55 PM AQUA BOOTCAMP MARY		6:00 – 6:55 PM POWER WAVES JOY				

NO RECREATIONAL SWIMMING DURING SCHEDULED GROUP FITNESS CLASSES REGISTER FOR CLASSES ON TCC APP