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**HOURS**

**Club Hours**
Monday - Friday  5 am - 10 pm  
Saturday & Sunday  7 am - 8 pm  

**Childcare**
Monday - Friday  8 am - 8 pm (KidsCourt)  
Monday - Friday  3 pm - 8 pm (InZone)  
Saturday  8 am - 2 pm  
Sunday  9 am - 2 pm  

InZone summer hours are 8 am- 8 pm Monday - Friday  

**Business Office**
Monday - Friday  8 am– 5 pm  

**Ambiance Day Spa & Salon**
Monday  12:30 pm - 8:30 pm  
Tuesday - Friday  8 am– 8:30 pm  
Saturday  8 am– 4 pm  
Sunday  10 am- 4pm  

**Café**
Monday - Friday  6 am - 8 pm  
Tuesday - Friday  8 am - 5 pm  
Saturday  8 am - 3 pm (5pm in Summer)  

Members with a Non-Prime Time membership may enter The Club at 11 am and must exit at 4 pm daily, including holidays, and if the non-prime time member is training.

Entrance to The Club prior to posted opening times is not permitted. Club hours vary on certain holidays and other occasions. Holiday hours are posted in advance and online.

The Claremont Club is a smoke-free facility. Smoking/vaping is prohibited on all Club grounds, including the parking lot.
GENERAL CLUB POLICIES

We want The Claremont Club to be a clean, safe and enjoyable environment for everyone, one where staff are proud to work and members are proud to belong. We will do our best to maintain that environment; and in doing so, we require the cooperation of all members and guests by adhering to these basic policies. Thank you for being considerate of fellow members and Club property.

- Smoking/vaping is prohibited on all Club grounds, including the parking lot.
- No instruction or training of any kind is permitted on the premises, unless conducted by Club personnel.
- Loud, offensive, profane or otherwise bothersome behavior and fighting are not permitted. Members and guests must act in a respectful and courteous manner at all times.
- Vandalization or mistreatment of Club property is prohibited. Violators will be held financially responsible.
- Do not spit or leave gum anywhere on Club grounds.
- The use, exchange or sale of anabolic steroids or illegal drugs on Club premises is illegal and subject to civil and criminal penalties.
- The Club is not responsible for loss of or damage to personal property brought onto Club property. Please lock belongings in lockers provided.
- Towels are provided for members and guests use while at The Club. Deposit used towels in bins provided. Do not leave towels on floors or pool decks, and do not remove towels from Club premises. Limit towel use to two per visit. Do not store towels in lockers.
- The Club maintains a lost and found area at the Front Desk. All items found will be held for 30 days, and after that, donated to charity.
- For privacy reasons, cell phones must be kept on silent mode and may not be used in exercise areas, locker rooms or on tennis courts.
- Alcoholic beverages are not prohibited, however, members cannot bring them into The Club. We reserve the right to ask members and guests to open ice chests to ensure no glass or alcohol is inside.
- 24-hour cancellations required for all classes, lessons, and training. Clients who fail to cancel within 24 hours will be charged for the service.
- The Claremont Club has zero tolerance for sexual harassment of any kind.

POLICY ENFORCEMENT

- Members are expected to follow all Club policies as outlined in this handbook or posted at The Club. These policies are in place for member’s optimal enjoyment and safety.
- Members are responsible for monthly payments on their accounts.
- Club management reserves the right to revise policies and fees as deemed appropriate.
- Any member that fails to abide by Club policies is subject to membership suspension or termination. Final decision is at the discretion of Club management.
FRONT DESK

• Membership card must be presented to a Front Desk attendant upon entrance to The Club. All members over 14-years-old must show their own card, even if entering on a Family membership.
• Only the membership cardholder may use their membership card.
• Failure to adhere to this policy will jeopardize membership.
• Lost membership card replacement fee: $10.
• The Claremont Club app may be used to enter The Club and is available on the Apple App Store and Google Play Store.

GUESTS

• Members must be at least 18-years-old to bring guests.
• Guests must be registered at the Front Desk immediately upon arrival. All guests must sign a liability waiver and present photo identification. Failure to register guests will result in a triple guest fee.
• The same guest may visit The Club no more than once per month.
• Members must accompany guests at all times and are responsible for guest’s conduct and attire.
• Guests must be at least 18-years-old to use Cardio and Weight Room and Group Exercise classes.
• Daily lockers are available in Adult and Family Locker Rooms.
• Please bring a padlock to secure belongings. Upon leaving, remove lock and locker contents. Locks left on daily lockers will be cut off at the end of the day. Contents will be available at the Front Desk for 30 days, and after that, donated to charity.
• Extended guest passes may be purchased for out-of-town visitors. For more information, please contact the Front Desk.

ATTIRE & FOOTWEAR

• Cycling shoes or cleats are not permitted in Weight and Cardio Rooms, Power Plate and Small Group Studios, or The Perfect Step facility.
• Shirts and shoes are required at all times in all areas, except Locker Rooms and pool areas.
• Tank tops or sleeveless shirts for males are permitted; however, they must not be torn or hang lower than three inches below the armpit.
• Cut off jeans or shirts are prohibited.
• Closed-toe athletic shoes are required in Cardio and Weight Rooms and when participating in a sport or Group Exercise class, with the exception of Yoga and Pilates classes.
• Shoes designed for court play are required for tennis, racquetball and squash sports. Black sole shoes are not permitted on racquetball courts or tennis courts.
• Swimsuit attire is permitted at pools and outside Café window only.
• Appropriate workout attire is required to work out in Cardio and Weight rooms.
• Shorts must be modest in length.
• Sweat suits, sauna suits, and nylon jumpers are a health risk as they promote sweating and are not permitted.
PARKING

- Please do not leave vehicles in the parking lot after 10:30 p.m. without advance permission. Failure to comply may result in the vehicle being towed.
- Do not park in the fire lane or next to red painted curbs.
- Parking lot is strictly for members, salon clients, those attending special events and those taking lessons at The Club.
- Do not park in handicapped spaces without a permit, which must be visible while parked. Unauthorized vehicles will be towed.
- Loading zone directly in front of The Club entrance is for pick up and drop off only.
- Buses are not permitted to park in The Club parking lot and may load or unload passengers only. Parking is available on Claremont Boulevard.
- Spinal Cord Injury Parking lot is for those training in this studio.
- Special events can lead to crowded parking conditions. Special events are always posted in advance.

FACILITY RENTALS

The Stone Clubhouse, conference room, pools and patio area are available to rent for private functions and events. Our Event Coordinator and professional staff will work with you to ensure that your event is a success.

- All events and reservations require the approval of The Claremont Club management and are subject to the rules and regulations of The Club.
- Gatherings of more than 8 attendees require a reservation with the Event Coordinator to ensure proper availability, as well as the comfort and safety of our members and guests.
- Reservations for the Olympic and Family pools, the Stone Clubhouse, Conference rooms, and patio areas should be made a minimum of 2 weeks in advance and are offered at an hourly rate.
- Outside food and beverage must be approved by the Event Coordinator. No outside alcohol is permitted.
- Proper staffing; including life guards, bartenders and party assistants may be required for your event.
- Music in the common areas of the Club must be pre-approved by the Event Coordinator and kept at an appropriate volume.

LOST AND FOUND

The lost and found area is located at the Front Desk. Items will be held for 30 days and after that time, donated to charity. Valuable items may be locked up in safe.
CAFE

• All food and beverages must be consumed in the café, courtyard or designated pool areas.
• No glass may be brought into The Club.
• No outside food or drink, except for water.
• Snacks are limited for children under 5. (See Childcare for details)

CLUB ACCOUNTS

• All memberships are entitled to charging privileges. Restrictions may apply.
• Purchases of goods or services will be charged to Club accounts. These purchases are added to the monthly bill.
• Members are responsible for keeping accounts current, regardless of payment method for dues and incidentals. Overdue accounts are subject to loss of charging privileges, membership suspension or termination.
• Dues and charges must be paid in full by the first of each month.
• Payments are late if not paid by the first of each month. If payment is not received by the 15th of each month, dues are subject to a late fee of $15.
• Accounts that are 30 days past due are subject to membership suspension or termination at the discretion of The Club.
• Membership changes must be made in writing. Changes must be submitted by the fifth of the month to become effective at the end of that month. Changes received after the fifth will become effective the following month.
• Training agreements must be made in writing and 30 days prior to the change.
SERVICE ANIMALS

Where Service Animals are Allowed

Under the ADA, State and local governments, businesses and nonprofit organizations that serve the public generally must allow service animals to accompany people with disabilities in all areas of the facility where the public is normally allowed to go.

How “Service Animal” is Defined

Service animals are defined as dogs that are individually trained to do work or perform tasks for people with disabilities. Examples of such work or tasks include guiding people who are blind, alerting people who are deaf, pulling a wheelchair, alerting and protecting a person who is having a seizure, reminding a person with mental illness to take prescribed medications, calming a person with Post Traumatic Stress Disorder (PTSD) during an anxiety attack, or performing other duties. Service animals are working animals, not pets. The work or task a dog has been trained to provide must be directly related to the person’s disability. Dogs whose sole function is to provide comfort or emotional support do not qualify as service animals under the ADA.

Inquiries, Exclusions, Charges and Other Specific Rules Related to Service Animals

Service animals must remain with the individual at all times, or be contained within a pen or kennel as permitted by The Claremont Club.
ALL MEMBERSHIPS

Guests
$5 per child, per hour
3 hours childcare per child, per day

Grandparents
$5 per child, per day
No guest fee upon entrance to the club

LATE FEES

During business hours
$5 per 15 minutes

Includes Parents Day Out, TGIF and all day and Summer camps

After business hours
$1 per minute

Children under 14 must be directly supervised by a parent or authorized adult at all times while at The Club, unless registered in Infant and Toddler Care, KidsCourt, InZone or a Club supervised program.

Children under the age of 14 may not be dropped off without supervision at The Club.

If your child will be using KidsCourt or InZone while you are at the Club, you must check them in and check them out upon entering and leaving The Club. No off-site Childcare unless your child is enrolled in Parents Day Out or TGIF.

Two guest children permitted per day. This applies to guest’s and member’s children. A guest fee of $8 per child applies to non-member guest children to enter The Club. $5 per child, per hour will be charged for childcare services for non-member or guest member’s child(ren) for first three hours.

Subsequent hours will incur a late fee of $5 per 15 minutes. Children on a Couple or Family Membership are permitted to enter The Club at no charge.

Non-members are not permitted to enter The Club to dropoff or pick up children from childcare areas. This policy applies to both onsite and offsite programs. This policy does not include day camps and summer camps.

All pricing and policies are subject to change.
**FEES**

For members bringing guests:

Members may not bring other member’s children to childcare unless paying $5 an hour.

Members checking in non members’ children;
Two (2) guest children per day at $5 per child.

Infants & Toddlers (6 weeks–30 months)
$85 per child, per month
$40 for second child and $20 for third child
For 3 hours for Infant & Toddler Care per child, per day

Individual and Couples Memberships (children not on membership)
$85 per child, per month
$40 for second child and $20 for third child
For 3 hours Infant & Toddler Care per child, per day

Grandparents - Checking into any area of Childcare
$5 per hour per child 6 weeks – 14 years
Maximum 3 hours a day

**CHECK-IN PROCEDURE**

- On your first visit, we will ask you to complete an Emergency Form, including specific information about your child’s age, allergies and emergency contact information. A family password is required to enter and exit childcare centers.
- Parents must show membership card at check in and check out.
- When checking in at KidsCourt, do not enter through the gate until you have presented your membership card.
- Please write your child’s name on everything, including all items in the lunch container, such as drinks, food and bottles.
- Please use the Parent Request Board to inform staff of specific information about your child, including feeding and nap schedules, allergies or potty training information.
- When dropping children off, make your departure as quick as possible. This eases the separation for the child. The separation process does not begin until the parents have left and the staff has taken over.
- Should your child need attention, we will contact you immediately. At any time, you may use a Club phone to inquire as to how your child is doing.
- Should your child cry for more than 15 minutes, we will contact you.
SICK CHILDREN

For the protection of all children, please do not bring your child in if he or she is ill. We cannot admit any child with signs of illness. Exclusion details are available.

Should your child show signs of illness after check in, we will contact you immediately and ask that you take your child home. A doctor’s note is required for subsequent check in. Entry is at the discretion of childcare staff.

POTTY ASSISTANCE & DIAPER CHANGE

Children who are potty training must wear Pull-Ups for sanitary reasons. Childcare staff will make every effort to assist your child to the restroom every 30 minutes, provided that we do not exceed the child-to-teacher ratio. Extra clothing is required in the event that your child has an accident.

Please take your child to the restroom before check in and indicate on the Parent Information Board that your child is potty training. For children in diapers, please bring extra diapers and wipes. Diaper changes are done in the Infant & Toddler area only. You will be paged if you are needed to change your child’s diaper. For safety reasons, only you will be permitted to change your child’s diaper.

THE FIRST TWO WEEKS

Entering a new environment can be challenging for a young child. We have observed that children adjust best when parents use The Club in the following manner for the first two weeks:

During the first two weeks, it is best if you can bring your child to Childcare every day. This helps your child adjust to the idea of coming to Childcare.

For the first two weeks each visit should not exceed 30 minutes or 15 minutes for infants and toddlers.

When dropping children off, make your departure as quickly as possible. A quick goodbye eases the separation for the child. The separation process does not start until parents leave and the staff takes over.

If your child should need attention, we will contact you immediately. You can use any phone in the Club to call us asking how your child is doing. Call extension 248 to KidsCourt or extension 242 for Infant Care.

If your child cries for more than 15 minutes, we will call you.
TENNIS

• Conducting lessons and teaching tennis is permitted only by the professional staff of the Club. In adherence with this policy, members are asked not to feed balls or drill players other than immediate family members.
• No more than 12 balls per court during prime time hours. Prime time hours are as follows: Monday – Friday 5 – 8 p.m., Saturday 8:30 a.m. – 1:30 p.m., and Sunday 9 – 11 a.m. This rule applies to other times as specified by management.
• Members may not bring ball machines to use at the Club.
• Back to back reservations on a single court are not permitted.
• Every player on a court is considered part of a reservation for singles and doubles.
• One player may not hold a court reservation, if other members are waiting.
• Appropriate tennis attire is required on all courts, at all times. For men, tennis shirts, t-shirts, and shorts or warm ups are permitted.
• Tennis outfits, dresses, skirts and shorts are permitted.
• Jeans, cut offs, men’s tank tops, swim attire, bike shorts, bra tops or leotards are not permitted.
• Profanity, racket abuse and ball abuse are strictly prohibited.
• Cell phone use is not permitted on courts. Cell phones must remain on silent mode.
• Please contact the Tennis Department for clarification of any of the policies indicated above.

COURT RESERVATIONS

• Reservations are made on a walk up basis using the sign up chalkboard next to the tennis office.
• Reservations are limited to one (1) hour and 15 minutes for singles play and one (1) hour and 30 minutes for doubles play. Tournaments and ladders excluded.
• Court reservations may be extended, if others are not waiting.

Please remember to use the chalk sign-up board before taking a court!

Failure to do so may result in loss of the court. Please check Ladder and Teaching Court assignment sheets to see which courts are available.
GROUP EXERCISE

• No personal belongings permitted in any studio with the exception of one (1) towel, plastic non-spill water bottles, and personal yoga items.
• Please remove shoes prior to entering Yoga Studio.
• Studios are not available for personal use during class times.
• Please wait courteously for classes in progress to officially end before entering studios.
• Recreational swimming is not permitted during Aqua classes.
• All equipment must remain in studios or storage areas. Barbells, tubing, weights, mats, bosu equipment, etc., may not be removed or used in other areas of The Club.
• Minimum age for participation in Group Exercise classes is 13 years with parental supervision, with the exception of Cycling participants. Cycling participants must be 14 years of age.
• Classes may be canceled or rescheduled if participation consistently falls below 15 members.
• Specific instructors are assigned to each class; however, should illness or injury arise, another qualified instructor will substitute.
• When you arrive for class, you may set up your equipment but not save spaces or set up for other participants.
• Please arrive promptly for class. For safety reasons, do not enter a class more than five minutes after start time. If you are late, please do not interrupt the flow of the class. Enter quietly, work towards the back of the class and take responsibility for your own warm up.
• New Cycling participants must arrive 10 minutes prior to class start time for bike setup and instruction.
• Cycling bikes may be used when an instructor is not present.
• Please follow the instructor’s direction and class format, with allowances for modifications due to physical limitations or fitness levels.
• Sign ups for select classes may begin 70 minutes prior to class time at the Front Desk. Please see Group Exercise schedule for details.
• If you are beginning an exercise program or have any medical concerns, please inform your instructor prior to class.
• Cell phones must not be permitted during class and must be turned off before entering any studio.
• Please stay for the entirety of the class. If you must leave early from a yoga class, please leave before savasana or meditation. Do not leave during cool down or stretches, which are very important for muscle repair.
• Be considerate of other member’s space and avoid crowding in front of a member who has arrived before you.
• Please refrain from wearing perfumes, colognes or aftershaves in class. The odor of many fragrances increases as body temperature increases.
• Headphones are not permitted during classes to ensure that all critical instructions are heard.
• Boxing bags in the Group Exercise Studio can be used when class is not in session.
• Bikes in Cycling Studio can be used when classes are not in session.
RACQUETBALL, HANDBALL, PICKLEBALL AND SQUASH

• Proper court sport attire must be worn. No street clothes, crop tops, black marking shoes or jeans are permitted.
• Protective eye guards are recommended for your safety and are required for members and guests under 18 years old.
• No food, drink or gum permitted on the courts.
• Only racquetball, handball, squash and volleyball may be played on the racquetball courts.
• When claiming a court, wait until exiting players have finished a point or rally, then knock to alert players that you are entering.
• Be ready to exit a court at the exact end of your reserved time.
• Racquetball abuse and unsportsmanlike conduct are prohibited.
• The Club reserves the right to schedule programming or private rental groups on all courts.
• Cell phone use is not permitted on any of the courts. Please make sure cell phones are on silent mode prior to entering courts.
• Tennis balls may not be used on any of the courts.
• Do not move squash court walls without a Club staff member.

COURT USAGE

• Courts 5, 6, and 7 are squash courts. Adults and children that are not playing squash or racquetball should not use these courts.
• Squash courts are built without finish. Bare feet or the improper footwear can damage courts.
• Children are not permitted on courts during prime time without an adult and a reservation.
• Non racquetball, handball or squash activities subject to approval on courts 2, 3 or 4 only.

RACQUETBALL COURT RESERVATIONS

• For racquetball, handball and squash reservations, call the Front Desk.
• Reservations may be made in person or by phone up to two days in advance on courts 2, 3, or 4 only.
• Each member may reserve a court for one hour per day.
• If your reservation is during prime time hours (4 - 8 pm on weekdays), you may not make another prime time reservation until 7 am the following day.
• Members who are more than 10 minutes late for a reservation will lose the court to standby.
COURT RESERVATIONS (WEEKENDS)

- Multiple bookings within the same group of players are not permitted.
- Racquetball and handball play reservations will first be made for courts 2, 3, or 4 (if it is not a Challenge or League night).

COURT RESERVATIONS (CHALLENGE NIGHT)

- On Mondays from 4 - 8:30 pm, Court 8 is reserved for Challenge Night. This event is open to all racquetball players.
- On Tuesdays and Thursdays from 4 - 9 pm and Sundays from 7 am - 11 am, Court 3 is reserved for Handball Challenge. This event is open to all handball players.
- On Tuesdays and Thursdays from 4 - 9 pm, Courts 7 are reserved for Squash Challenge Night. This event is open to all squash players.
- On Wednesdays from 5 - 9 pm, all courts are reserved for Racquetball League Night.

PICKLEBALL

- Pickleball must be played on tennis courts 1 and 2 only.
- Proper court sport attire must be worn. No street clothes, crop tops, or jeans permitted. No hand-heeled or black-soled shoes allowed on the court.
- No food or gum is permitted on the courts. Water bottles are permitted. Glass is not allowed.
- Foul or abusive language or unsportsmanlike conduct is not allowed and may result in disciplinary action. Likewise, paddle or ball abuse is not permitted.
- Loaner paddles and balls are available at the Front Desk. Members must leave car keys as collateral.
- Cell phone use is not permitted on the courts. Please make sure cell phones are on silent mode prior to using the courts.
- Only pickleball equipment may be used on these courts.
- Children 13 and under must be accompanied by an adult.
- Conducting lessons and teaching pickleball is permitted only by the professional staff of the Club.
- The Club reserves the right to schedule programming or private rental groups on all courts.
LOCKER ROOMS

• Do not leave any personal belongings or clothing on the floor. Please put these in a locker.
• Daily lockers are for single day use only. Members and guests must use their own locks.
• When wet or undressed, please place a towel down before sitting on a bench, chair or other surface.
• Do not leave belongings in daily lockers overnight. Locks left on overnight will be removed and contents will be held at the Front Desk for a maximum of 30 days. After that time, items will be donated to charity.
• Rental lockers are available for a monthly fee.
• It is not recommended to leave valuables in day-use lockers. The Club is not responsible for any items lost or damaged on Club property.
• Amenities are provided for use while at The Club. Amenities or containers may not be removed from locker rooms. Please use amenities in moderation.
• No food or drink permitted.
• Please use no more than two towels per visit.
• Please place used towels in bins and close locker doors.
• Please be considerate of others when using showers. Limit shower duration to conserve water.
• Sandals or shower footwear are recommended.
• Changing is not permitted in restroom stalls.
• Please use hair dryers for their intended use. Drying clothes, bathing suits or body parts is not permitted.
• Do not fill personal beverage containers with the complimentary beverages provided. Please use cups provided by The Club.
• No glass containers permitted.
• No cell phones or electronic devices allowed.
• Persons with skin infections, open wounds, or any communicable disease are not permitted.
• Please shower before entering spas, saunas and steam rooms.
• Prolonged exposure to spas, saunas and steam rooms may result in nausea, dizziness, or fainting. Please use caution.
• Shaving in these spas, saunas and steam rooms is prohibited.
• Applying hair color in any area of the locker rooms is prohibited.
• Do not apply oils to skin surfaces that come in contact with tile. Wet surfaces, such as floors, can become slippery and cause injury.
• Do not dry any type of clothing in the sauna area.
• Clothing and street shoes are not permitted in spas, saunas and steam rooms, with the exception of swimwear. Sandals or shower footwear are recommended.
SPAS, SAUNAS AND STEAM ROOMS

• Elderly persons, pregnant women and persons with health conditions should consult a physician before using facilities.
• Do not spray liquids of any kind on heating elements or sensors.
• Persons under the influence of alcohol or other drugs (including prescriptions) should not use these facilities.
CARDIO & WEIGHT ROOM ETIQUETTE

- Cell phones must be kept on silent mode and must not be used in any exercise areas.
- Please use lockers for bags and miscellaneous items. Bags are not permitted in the Weight Room. Bags brought in the Cardio Room must be stored in the provided cubbies.
- Please re-rack weights.
- Members and guests must be 18 years old to use Cardio and Weight Rooms. Teens 14–17 years old must attend a junior orientation with parent. Parent must fill out emergency form.
- Please allow those waiting to use equipment to work out in between sets. Do not sit on equipment while texting or using your phone. This will allow other members to use the equipment when you are not.
- Thirty minute time limit applies to all cardiovascular equipment, if others are waiting.
- Please wipe off machines with disinfectant wipes after use. If you sweat excessively, please protect equipment with towels and thoroughly clean equipment with disinfectant wipes and a towel after use. (Maximum 2 towels)
- Food is prohibited in the Cardio and Weight Rooms.
- All cardio equipment must be returned to a speed and elevation of zero after use, if applicable.
- Please refrain from loud grunting, groaning or yelling when lifting weights.
- Please limit use of perfume and cologne.
- When attempting to lift heavy weights, always use a spotter.
- Please request staff assistance, if you are unsure about how to use equipment.
- Appropriate exercise attire required. Please see Attire in General Club Policies.
- Immediately advise staff of any machines that are not functioning properly.
- Misuse of equipment will not be tolerated. Failure to comply with this policy will result in suspension of membership privileges.
- Members 18 years and older have priority on equipment.
- The use of chalk is prohibited.
- For safety, the use of specialty equipment (kettle-bells and sand-bells) is reserved for trainer use only.
- Walking sideways or backwards on treadmills is prohibited.
- Please do not move small equipment to other areas of The Club (ie slam/medicine balls, foam rollers, etc).
POOLS AND SPA

• Proper swimwear is required. Cutoffs, leotards, and thong swimsuits prohibited. Bathing suits only.
• No adhesive bandages permitted.
• Infants and toddlers must wear swim diapers. Swim diapers required for children who are not potty trained. Regular diapers are not permitted.
• Lifeguards are not on duty at all times. All persons using pools and spas do so at their own risk.
• Children under 14 are not permitted in swim areas without adult supervision.
• Lifeguard instructions must be followed at all times.
• Please shower before entering and rinse off any suntan oils before entering swim areas.
• No running, pushing, dunking or rough play permitted.
• No rafts, tubes, balls, flotation devices, or toys permitted.
• Lap lanes are for continuous lap swim only. Swimmers must share lap lanes and circle swim when sharing a lane.
• Do not stand on or abuse pool furniture or climb over pool lane lines.
• Do not tear or jump at pool flags.
• Persons with skin infections, open wounds or any communicable diseases may not enter pools or spas.
• The Club reserves the right to schedule programming in swim areas. Lap or open swim may not be available at all times.
• No glass bottles or containers permitted in swim areas, saunas, or steam rooms.
• Children under 5-years-old are not permitted in pools and spas.
• Shaving, hair coloring, and hair drying are not permitted in spas, saunas or steam rooms.
• Please properly discard used paper cups, towels, or other items.
• Do not apply oils to skin surfaces that come in contact with tile.
• Aroma oils and scents are not permitted.
• Members are not permitted to use starting blocks unless under swim team supervision.
• Pools and Spas are closed 30 minutes prior to closing.
CLUB ACCOUNTS

- Membership changes must be made in writing. Changes must be submitted by the fifth of the month to become effective at the end of the month. Changes submitted after the fifth will become effective at the end of the following month.
- Dues and the Club account charges are due on the first of each month and will be drafted from your checking account or processed to your credit card.
- All memberships are allowed charging privileges, but there are some restrictions.
- Purchases of goods and/or services can be charged to your Club Account or paid for at the time of purchase.
- Club account charges are processed in arrears, on the first of the following month. (Your January purchases will be processed on February 1st.)
- Your account and activities can always be accessed online. We do not use monthly statements.
- Membership accounts with charges returned or unprocessed by the bank will be charged a late fee of $15 if unresolved by the 7th of the month. Unprocessed credit cards will be charged $25 return fee immediately.
- Unpaid membership dues and/or Club Account charges may result in suspension, cancellation, and collection efforts.
Mike Alpert  
President / CEO  
malpert@claremontclub.com  
Extension 234

Mike Boos  
Facilities Director  
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Extension 230

Barry Friedman  
Tennis Director  
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Extension 261

Cathleen Garner  
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Extension 271

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Extension 266

Steve Granberry  
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Extension 276

Denise Johnson  
Wellness Director  
djohnson@claremontclub.com  
Extension 236

Shannon Malooly  
Membership / Marketing Director  
smalooly@claremontclub.com  
Extension 238

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